

## Jasmine Rice



### GRAINS

PACK	MANUFAC ITEM#	UPC#	VENDOR HI/TI	BOX DIMENSION
6 x 10 lb.	GBC-CER-RICE-004	811642021908	8/8	L:20"/ H:3.5"/ W:12"
4 x 15 lb.	GBC-CER-RICE-005	811642021878	8/8	L:20"/ H:3.5"/ W:12"
3 x 20 lb.	GBC-CER-RICE-006	811642021865	8/8	L:20"/ H:3.5"/ W:12"
1 x 25 lb.	GBC-CER-RICE-001	856840001581	7/10	L:20"/ H:3.5"/ W:12"

### NUTRITIONAL INFORMATION

Serving Size: 1/4 Cup (45.0 grams)  
 Servings per Container about 252

Amount per Serving		Calories from Fat 0
		% Daily Value*
Calories 150		
Total Fat 0g		0%
Saturated Fat 0g		0%
Trans Fat 0g		0%
Cholesterol 0mg		0%
Sodium 0mg		0%
Total Carbohydrates 34g		12%
Dietary Fiber Less than 1g		3%
Sugars 0g		
Protein 4g		
Vitamin A 0%	Vitamin C 2%	Thiamine 2%
Calcium 0%	Iron 2%	Niacin 2%

(\* ) Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per Gram: Fat 9 - Carbohydrate 4 - Protein 4

### INGREDIENTS: 100% JASMINE RICE

**Product:** JASMINE RICE  
**Product Description:** JASMINE RICE  
**Brand:** MONACO  
**Ingredients:** Jasmine Rice  
**Country of Origin:** Vietnam - Thailand  
**Temp. Zone:** Room Temperature  
**Shelf Life:** 18 months

#### Benefits:

Jasmine rice registers as a "good" source of niacin, thia-mine, iron and selenium because the amounts found in the cooked product range between 10 and 20 percent of the recommended daily requirement. Jasmine rice also provides vitamins B1 and D.

#### Additional Information:

Jasmine rice is a rice variety which is grown primarily in Vietnam and Thailand, although other nations cultivate the long grained, aromatic rice as well. It is frequently served with Thai and Chinese dishes, as the subtle, nutty flavor and rich aroma are very pleasing to the palate.

MANUFACTURER PRODUCT SPEC SHEET DISTRIBUTED BY

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