

monaco®

PREMIUM QUALITY

Black Olives Sliced



CANNED OLIVES

PACK	MANUFAC ITEM#	UPC#	VENDOR TI/HI	BOX DIMENSION
24 x 15 Oz	OCA-OLI-PACK-011	856840001970	14/5	L:12• / H:9• / W:9•
6 x 3 Kg	OCA-OLI-PACK-003	856840001956	7/7	L:19• / H:13• / W:7•

Nutrition Facts / Datos de Nutrición

Serv. Size: 2 Tbs Olives. 16g / Tamaño por Ración
2 cucharas de olivas 16g. Servings per Container
about 97 / Raciones por Envase: 97.

Amount per Serving / Cantidad por Ración

Calories / Calorías 35

Calories from Fat / Calorías de Grasa 30

% Daily Value* / % Valor diario*

Total Fat / Grasa Total 3g 5%

Saturated Fat / Grasa Saturada 1g 5%

Trans Fat / Grasas Trans 0g -

Polyunsaturated Fat / Grasas Poliinsaturadas 0g

Monounsaturated Fat / Grasas Monoinsaturadas 1.5g

Cholesterol / Colesterol 0mg 0%

Sodium / Sodio 260mg 11%

Total Carbohydrate / Carboh. Total Less than 1g 0%

Protein / Proteínas 0g

Not a significant source of dietary fiber, sugars, vitamin A, vitamin C, calcium and iron. / No contiene cantidades significativas de fibra alimentaria, azúcares, vitamina A, vitamina C, hierro y calcio.

(* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Los porcentajes de Valores diarios están basados en una dieta de 2,000 calorías. Sus valores diarios pueden ser mayores o menores dependiendo de sus necesidades calóricas.)

	Calories / Calorías	2000	2500
Total Fat / Grasa Total	Less than/Menos de	65g	80g
Sat. Fat / Grasa Saturada	Less than/Menos de	20g	25g
Cholesterol / Colesterol	Less than/Menos de	300mg	300mg
Sodium / Sodio	Less than/Menos de	2400mg	2400mg
Total Carbohydrate / Carbohidrato		300g	375g
Dietary Fiber / Fibra Dietética		25g	25g

Calories per gram / Calorías por gramo:
Fat / Grasa 9 • Carbohydrate / Carbohidrato 4 • Protein / Proteínas 4

MAY CONTAIN PITS OR PIT FRAGMENTS
PUDE CONTENER HUESOS O FRAGMENTOS DE HUESO

Product:

BLACK OLIVES

Product Description:

SLICED BLACK OLIVES

Brand:

MONACO

Ingredients:

Olives, Water, Salt and Lactic Acid

Country of Origin:

Spain / Egypt / Morocco

Temp. Zone:

Room Temperature

Shelf Life:

3 Years

Benefits:

Olives are the fruit product of the olive tree. The olive fruit becomes blackish-purple when fully ripe. However, some olive varieties are green when ripe and some are copper brown. Black olives offer an array of health and nutritional benefits.

Additional Information:

Black olives are firm in texture, sweeter and nuttier in comparison to green olives. Serve them alone as part of a rich and flavorful olive bar or blend them up as part of tangy and sweet vinaigrettes or tapenades. Sliced black olives are popular on a variety of items, including subs, sandwiches, salads, and pasta salads. Serve atop flatbread or with penne pasta primavera. Black olives taste great when paired with sundried tomatoes, roasted red peppers, artichokes, feta cheese, and more.

MANUFACTURER PRODUCT SPEC SHEET DISTRIBUTED BY

GaucheGourmet™ 17401 TRITON SCHERTZ TX 78154

PHONE: 210-277- 7930 FAX: 210-497- 2364 EMAIL: INFO@GAUCHOGOURMET.COM