



BOB'S RED MILL NATURAL FOODS, INC.

Product Specification

Product Name: GF ORG REGULAR ROLLED OATS

Product Description: *GF ORG REGULAR ROLLED OATS are made from oat groats that have been de-husked, steamed and then rolled into flat flakes under heavy rollers before being stabilized by being lightly toasted, processed in accordance with 21 CFR Part 117 subpart B and in compliance with state and federal requirements for food safety and quality.*

Ingredients: *Organic Whole Grain Oats.*

Allergens: *No Allergens. Manufactured in a facility that also uses tree nuts and soy.*

Gluten Free: *This product is a gluten-free food. In accordance with the Codex Alimentarius' established threshold for gluten contamination, this product contains less than 20 ppm gluten.*

Physical Properties

Appearance: *Light tan in color, flattened pieces of oat groats.*

Aroma: *Clean and fresh, typical of oats with no rancid or off-odors.*

Flavor: *Clean with no rancid or undesirable flavors.*

Nutritional Panel (100 Gram)

Nutrition Facts	
Serving Size: 100g	
Amount Per Serving	
Calories 386.00	Calories from Fat 54.90
% Daily Value	
Total Fat 6.10 g	9%
Saturated Fat 1.30 g	7%
Trans Fat 0.02 g	
Cholesterol 0.00 mg	0%
Sodium 0.00 mg	0%
Total Carbohydrate 69.50 g	23%
Dietary Fiber 10.40 g	42%
Sugars 1.10 g	
Protein 13.30 g	
Vitamin A 0.00 IU	Vitamin C 0.00 mg
Calcium 28.70 mg	Iron 3.41 mg

BOB'S RED MILL NATURAL FOOD, INC.

Manufacturers of

Natural Stone Ground Whole Grain Flours • Cereals • Meals • Bulk Grains • Seeds • Beans

MANUFACTURER PRODUCT SPEC SHEET DISTRIBUTED BY

GaucheGourmet 17401 TRITON SCHERTZ TX 78154

PHONE: 210-277- 7930 FAX: 210-497- 2364 EMAIL: INFO@GAUCHOGOURMET.COM



Certifications

<u>Organic:</u>	<i>Certified by Quality Assurance International (QAI)</i>
<u>Kosher:</u>	<i>Certified by OK Kosher Certification of Brooklyn, New York</i>
<u>Non-GMO:</u>	<i>Verified by the Non-GMO Project.</i>
<u>3rd Party Food Safety Audit:</u>	<i>Certified by NSF International, Safe Quality Food (SQF) Level II, Food Safety Code for Manufacturing Edition 8.0</i>
Country of Origin:	<i>Canada, United States of America,</i>
Shelf Life:	<i>When handled under recommended storage, the product has a 548 day shelf life for optimum flavor and quality. Shelf life is printed on each package and case using a "Best By" date. The "Best By" date is the production date plus the determined appropriate shelf life time. The "Best By" date is displayed as Day/Month/Year and is printed with the format of DD/MM/YYYY</i>

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