

Pearled Barley

Certification

Kosher Parve

Physical

Appearance Ivory to Yellowish in Color

COOL Barley: Product of USA

Flavor Typical of Barley

Foreign Materials < 1%

GMO Non GMO

Moisture < 13%

Smell No Off Odors

Nutrition Facts

Serving Size about 1 cup

Amount Per Serving

		Cal. From Fat	6 %Daily Value *
Calories	190		
Total Fat	1g		1%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	5mg		0%
Potassium	710mg		15%
Total Carbohydrate	44g		15%
Dietary Fiber	6g		24%
Total Sugars	0g		
Includes	0g	Added Sugars	
Protein	4g		
Vitamin A			0%
Vitamin C			0%
Vitamin D	0mcg		0%
Calcium:	29mg		2%
Iron	3mg		12%

Kosher : Kosher Parve

Ingredients / Allergen

INGREDIENTS: PEARLED BARLEY

PRODUCED ON SHARED EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, SOY, MILK, EGGS AND WHEAT.