

Freekeh

Certification

Kosher

Chemical

Fumigated

Microbiological

Aflatoxin < 4 ppb

Physical

Appearance Honey to Greenish in Color

Flavor Typical of Freekeh

Foreign Materials < 1%

GMO Non GMO

Smell No Off Odors

Kosher : Kosher Parve

Ingredients / Allergen

INGREDIENT: WHEAT

ALLERGEN INFORMATION: CONTAINS WHEAT

PRODUCED ON SHARED EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, SOY, MILK, EGGS AND WHEAT.

Nutrition Facts

Serving Size about 1/4 cup

Amount Per Serving

	Calories	160	Cal. From Fat	20	%Daily Value *
Total Fat	2g				3%
Saturated Fat	0g				0%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	0mg				0%
Potassium	27mg				1%
Total Carbohydrate	29g				10%
Dietary Fiber	5g				20%
Total Sugars	1g				
Includes	0g	Added Sugars			
Protein	8g				
Vitamin A					0%
Vitamin C					0%
Vitamin D					
Calcium:	20mg				2%
Iron	0.7mg				4%