

Quinoa - Tri-Color

Physical

Appearance	Yellowish-White, Red and Black in Color
COOL	Quinoa: Product of Peru, Bolivia
Flavor	Typical of Quinoa
Foreign Materials	< 1%
Gluten	Gluten Free
GMO	Non GMO
Smell	No Off Odors

Nutrition Facts

Serving Size about 1/4 cup

Amount Per Serving

		Cal. From Fat	30 %Daily Value *
Calories	160		
Total Fat	2.5g		4%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	0mg		0%
Potassium	225mg		5%
Total Carbohydrate	30g		10%
Dietary Fiber	3g		12%
Total Sugars	3g		
Includes	0g	Added Sugars	
Protein	6g		
Vitamin A			0%
Vitamin C			0%
Vitamin D	0g		0%
Calcium:			2%
Iron			10%

Kosher : None

Ingredients / Allergen

INGREDIENTS: WHITE, RED, AND BLACK QUINOA

PRODUCED ON SHARED EQUIPMENT THAT ALSO PROCESSES PEANUTS, TREE NUTS, SOY, MILK, EGGS AND WHEAT.