

# Mitica®

debuted in 1998 with a simple mission – to share the finest artisanal Mediterranean products with specialty shops, chefs, and consumers. We have dedicated our lives to finding the exquisite; you can trust that with our 20 years of expertise, every product we carry is best in class, and tastes just like you were eating it in its native country.

## Dehesa Cordobesa® Lardo de Bellota Ibérico



- TYPE MEAT:** 100% Ibérico cured back fat
- BREED:** Purebred Ibérico pigs
- ORIGIN:** Andalucia, Spain
- AGING:** Minimum of 30 days
- SHELF LIFE:** 9 months
- INGREDIENTS:** Iberico pork fat, salt, spices (garlic, black pepper, clove, coriander, nutmeg, cumin, rosemary, oregano), sugar, sodium ascorbate, sodium nitrite
- PACK SIZE:** 6/1.5 lbs
- APPEARANCE:** Tender, ivory colored fat coated with various herbs and spices.
- FLAVOR:** Rich, meaty and savory, with hints of woody herbs.
- HISTORY:** This acorn-fed pork back fat is cured for 30 days with herbs and produced from 100% purebred Ibérico pigs. Delicate in texture and rich in savory flavor, it will add a new dimension to any dish. The fat is high in oleic acid and Omega-3 fatty acids, both thought to help decrease bad cholesterol. Ibérico pigs roam on almost one million acres of Dehesa (oak forest) in the Valle de Los Pedroches in the province of Cordoba in Andalucia, Spain. Each pig has almost 2 acres to itself and feasts on acorns from Encina Oak trees, which are considered to be the sweetest in Spain. All Dehesa Cordobesa® products are de Bellota 100% Ibérico, which means the 100% purebred Ibérico pigs finish their lives eating acorns until they reach the correct weight for slaughter (min 3-4 months).
- HANDLING:** Store in a cool, dry place. Trim casing before sampling.
- SERVING RECS:** Slice thinly and serve at room temperature. Wrap around Valencianos® crackers and serve with Casa Forcello® Plum Smoked Tea, alongside a glass of Cava.



## DEHESA CORDOBESA® Lardo de Bellota Iberico

Dry Cured Acorn Fed Iberico Pork Fat

**Ingredient Statement:** Iberico Pork Fat, Salt, Spices (Garlic, Black Pepper, Clove, Coriander, Nutmeg, Cumin, Rosemary, Oregano), Sugar, Sodium Ascorbate, Sodium Nitrite.

**Allergen Status:** None.

### Nutrition Information:

<b>Nutrition Facts</b>	
Serving Size: 1 oz (28g/1 in cube)	
Servings Per Container: Varied	
Amount Per Serving	
<b>Calories</b> 230	Calories from Fat 230
% Daily Value*	
<b>Total Fat</b> 25g	<b>12%</b>
Saturated Fat 9g	<b>28%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 15mg	<b>8%</b>
<b>Sodium</b> 170mg	<b>5%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars <1g	
<b>Protein</b> 0g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet.	

**Pack Size: 6/1.1 lbs**

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