# SIR LANCELOT HI-GLUTEN FLOUR

King Arthur Mfg #: 13050 UPC: 0 71012 13050 4 Net Weight: 50 lbs

## **Description**

A true high-gluten flour milled from the highest protein wheat. Use when strength is the priority; gives you high volume and extra chew. Perfect for authentic NY-style pizza and bagels as well as adding strength to formulas high in whole grains.

## Regulations & food safety

Shelf life: 180 days when stored cool and dry

Do not eat raw flour, dough, or batter. This product is a raw agricultural product that is not subjected to a microbiological kill step and is therefore intended for further processing.

Product is prepared by cleaning, grinding, and sifting sound wheat in accordance with current FDA regulations.

### Packaging & shipping

Bag cubic feet: .91

Bag dimensions: 23" x 17" x 4"

Net Weight: 50 lbs Gross Weight: 50.35 lbs Pallet Tie (layer): 5 bags

Pallet High (rows high): 10 bags

Bags per pallet: 50 Pallet Weight: 2,550 lbs

Pallet dimensions: Standard 4 way, 40" x 48" x 60"

#### **Documentation**

SDS, Kosher Certificate, non-GMO statement, and Certificates of Analysis available upon request. Please include type of flour and lot code with request.

#### Lot code

Lot code is mill packed date

# **Specifications**

Protein (14% M.B.) 14% +/- 0.2%

Moisture (Maximum) 14%

Ash (14% M.B.) .52% +/- 0.03% Falling Number 250 +/- 30 sec

Absorption % 63% +/- 2%

Peak 7 min +/- 2 min

Stability 10 min +/- 3 min

MTI 35 B.U. +/- 10

#### Ingredient statement

Unbleached wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid

# Nutritional analysis on page 2

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Nutrients	Per 100g	%DV	Nutrients	Per 100g	%DV
Calories (kcal)	364		Vitamin A - IU (IU)	2	
Calories from Fat (kcal)	8.82		Vitamin C (mg)	0	0%
Fat (g)	0.98	1.26%	Vitamin D - mcg (mcg)	0	0%
Saturated Fat (g)	0.15	0.77%	Vitamin B1 (mg)	0.64	53.33%
Trans Fatty Acid (g)	0		Vitamin B2 (mg)	0.4	30.77%
Cholesterol (mg)	0	0%	Vitamin B3 (mg)	5.29	
Carbohydrates (g)	70.5	25.64%	Vitamin B3 - Niacin Equiv (mg)	8.02	50.13%
Total Sugars (g)	0.27		Folic Acid (mcg)	154	
Added Sugar (g)	0	0%	Folate, DFE (mcg DFE)	291	72.75%
Dietary Fiber (2016) (g)	2.7	9.64%	Minerals		
Protein (g)	14	28.00%	Calcium (mg)	15	1.15%
Ash (g)	0.52		Iron (mg)	4.41	24.50%
Water (g)	14		Sodium (mg)	2	0.09%
Vitamins			Potassium (mg)	107	2.28%

Source: USDA Nutrient Database for Standard Reference, Release 28 (Updated May 2016)